

## Dental History

Patient Name: \_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

Date of Last Dental Visit \_\_\_\_\_ Last Dental Cleaning \_\_\_\_\_ Last X-Rays \_\_\_\_\_

Previous Dentist's Name \_\_\_\_\_

How often do you brush your teeth? \_\_\_\_\_ How often do you floss? \_\_\_\_\_

What other dental aids do you use? (Waterpik, toothpick, etc.) \_\_\_\_\_

Do you have any dental problems now?      Yes      No

Please describe: \_\_\_\_\_

Are you satisfied with the appearance of your teeth?                      Yes      No

Do you feel nervous about dental treatment                                      Yes      No

If yes, what is your biggest concern? \_\_\_\_\_

Have you ever considered whitening your teeth?                                      Yes      No

Would you like more information on whitening?                                      Yes      No

Would you like to know if you are a good candidate for ortho?                      Yes      No

**Are any of your teeth sensitive to?**

Hot or cold                                      Yes      No

Sweets    Yes      No

Biting or Chewing                                      Yes      No

Have you noticed any odor or bad tastes?                      Yes      No

Do you frequently get cold sores, blisters,  
any other oral lesions?                      Yes      No

**Do your gums hurt or bleed?**                      **Yes      No**

Have your parents experienced gum  
disease or tooth loss?                      Yes      No

Have you noticed any loose teeth or  
change in your bite?                      Yes      No

Does food tend to become caught in  
between your teeth?                      Yes      No

If yes, where? \_\_\_\_\_

**Do You?**

Mouth breathe while awake or asleep                      Yes      No

Clench or grind your teeth while  
awake or asleep?                      Yes      No

Bite your lips or cheeks regularly                      Yes      No

Hold foreign objects with your teeth  
(Pencils, pipe, pins, nails, fingernails)                      Yes      No

Smoke/chew tobacco or use other products      Yes      No

Snore or have other sleep disorders                      Yes      No

Have tired jaws especially in the morning                      Yes      No

**Have you ever had?**

Orthodontic treatment                                      Yes      No

Oral Surgery    Yes      No

Periodontal treatment                                      Yes      No

Your teeth ground down or bite adjusted                      Yes      No

A bite plate or mouth guard                                      Yes      No

A serious injury to the mouth or head                      Yes      No

If yes, please describe \_\_\_\_\_  
\_\_\_\_\_

**Have you experienced?**

Clicking or popping of the jaw                                      Yes      No

Pain in the jaw joint or ear                                      Yes      No

Difficulty in opening or closing your mouth                      Yes      No

Difficulty in chewing on either side  
of your mouth                                      Yes      No

Headaches or neckaches                                      Yes      No

Sore shoulder muscles                                      Yes      No

Is there anything else about having dental treatment you would like us to know?                      Yes      No

If yes, please describe? \_\_\_\_\_